

## Swimmer Profile

**Name:** Paris Cutler

**Age:** 13

**Club:** Ashhurst Aquanauts

**Coach:** Jay Roberts

### About

**Greatest achievement in swimming:**

Gold medal at national age groups 2015 as a 12 year old.

**Major goals for the next 2 years:**

Australian Age Groups and 2016 Junior Pan Pacs

**What is your pre-race ritual?**

50mins before my race I warm up in the pool for 20mins. Then 30 mins before I relax for 10mins and then I got to marshalling.

**If you could only eat one thing for the rest of your life what would it be?**

I would eat rice because there is a lot of nutrition and carbs. There will also be lots of energy to help me get through the day.

**Who or what inspires you and why?**

Lauren Boyle inspires me because she to the Olympics and is very fast. I want to be like her one day.

**School/University/subjects/company/position?**

Freyberg High School Year 9